



# California Recovery Center

## Recovery Rethought

[www.calrecoverycenter.com](http://www.calrecoverycenter.com)





Substance use and addiction are widely spread in different regions of the United States. They are an epidemic that does not discriminate against a person's social status, education, and background. Records show that over 2 million people in California struggle with substance use disorder. 6.4% of this population depend on alcohol, 0.6% on pain medications, and over 11% depend on illicit drugs and other substances.





California Recovery Center is located just outside metro Sacramento in Roseville, California. Our boutique, residential location offers luxury amenities alongside expert treatment that combines technology, evidence-based therapies, and holistic methods in order to provide sustained treatment for substance abuse.

Explore our beautiful residential treatment center in California and take a chance on yourself.

**We promise you're worth it.**



# Who We Work With

*Age 18+*



First Responders



Professionals



Veterans







## Meet Our Team

Will spent most of his career working the fast-paced life of Silicon Valley's tech startup scene. Long hours often hid behind regularly sponsored company "happy hours," and other fringe benefits had been designed to mask the grueling stress and the everlasting quest to improve employee productivity. Ultimately, this has led to the destruction of many well-accomplished professionals and executives across the industry. California Recovery Center was founded as a trusted resource for fellow colleagues in the tech space, but that was just the beginning.



**WILL MENTESH**  
Founder + CEO

# Meet Our Team



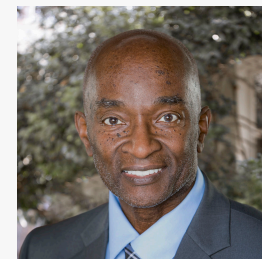
## LEADERSHIP CALIFORNIA RECOVERY CENTER

### Staff Credentials

- *Master Level Clinicians*
- *Bachelor Level Clinicians*
- *Licensed Vocational Nurses (LVN's)*
- *Certified Alcohol and Drug Counselors (CADC's)*
- *Emergency Medical Technicians (EMT's)*
- *Registered Alcohol and Drug Technicians (RADT-I)*



**WILL MENTESH**  
Founder + CEO



**DR. IAN JOHNSON**  
Medical Director



**DENA SANTOS**  
Executive Director  
CADC-II, ICADC



**PAO MOUA**  
Program Manager  
RADT-I



**KATIE CAMPO**  
Director Of Nursing  
LVN



**MONA ELDRIGDE**  
Lab Operations  
Manager  
RADT-I



**RO-ANN  
NOSOTROS**  
Chief Of Staff

# Issues Treated



- ✓ Addiction
- ✓ Anxiety
- ✓ Behavioral Issues
- ✓ Boundary Issues
- ✓ Codependency
- ✓ Conflict Management
- ✓ Coping Skills
- ✓ Dual Diagnosis
- ✓ Family Issues
- ✓ Grief and Loss
- ✓ Relationship Issues
- ✓ Self-care
- ✓ Self-esteem
- ✓ Sex Addiction
- ✓ Spirituality / Existential Issues
- ✓ Trauma and PTSD



How Can  
We Help

## 1. Detoxification

Detoxification cleanses the body from toxins brought by long periods of alcohol or substance use. We provide 24/7 support and close monitoring for 5-10 days depending on what our clients are detoxing off of.

### We detoxify clients from...

- Alcohol
- Benzodiazepines
- Cocaine
- Methadone
- Methamphetamines
- Opioids



## 2. Residential Treatment

Once clients have detoxed from substances, our residential treatment program provides continued 24/7 care where clients are offered individual, group, family, and trauma therapy through an individualized plan.

## 3. Aftercare & Alumni

Once a client completes inpatient, the journey is just beginning. CRC Aftercare offers our alumni programming, continued treatment planning, sober living assistance, therapist referrals, and anything needed to sustain recovery.



**How Can  
We Help**

We Accept  
Same-Day Admissions



**Call (916) 380-5808 today.**

# Recovery Support Services



Mentoring/  
peer support



Self-help groups  
(AA, NA, SMART  
Recovery)



Assistance in  
locating housing  
for clients



Aftercare &  
Alumni Ongoing  
Support



Medication-  
Assisted  
Treatment (MAT)







**Helping People.**  
**Saving Lives.**

alcohol abuse | drug abuse | addiction







Our Facility in  
Roseville, California

Call (916) 380-5808 today.





**California Recovery Center's** inpatient residential treatment program is here to help you successfully recover from your addiction. Our premiere inpatient rehab offers a serene, peaceful environment with Wi-Fi, dining and kitchen areas, a flat screen television in every room, massage chairs in the living room, free parking, private or shared bedrooms and 3 chef-prepared meals a day.



Our philosophy here at our drug rehab in Roseville is that all of our residents are unique individuals who have the ability to lead successful and fulfilling lives. Our residential treatment program caters mostly to adults interested in traveling up north for this level of care. Treatment typically lasts for 30 to 120 days and is administered at our very own Ava House facility in Roseville – a safe and affluent city outside of Sacramento.







We offer educational groups, process groups, SUD assessments, biopsychosocial-spiritual assessments, treatment planning, relapse prevention planning, discharge planning, and case management. The therapies that we offer include Brainspotting, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, EMDR, Individual Therapy, Group Therapy, Relapse Prevention, Life Skills Training, Anger Management, Yoga, Mindfulness, Meditation and Art Therapy.



# Accepting Most Private Insurance



Call (916) 380-5808  
today.

