

## Who We Work With

### PROGRAM ELIGIBILITY

California Recovery Center serves a diverse population (18+). Our programs do not and shall not discriminate based on race, color, creed, gender, disability, marital status, sexual orientation, or military status.

## Who Takes Care of You

We have a team of dedicated, highly trained professionals with the following credentials:

- Master Level Clinicians
- Bachelor Level Clinicians
- Licensed Vocational Nurses (LVN's)
- Certified Alcohol and Drug Counselors (CADC's)
- Emergency Medical Technicians (EMT's)
- Registered Alcohol and Drug Technicians (RADT-I)

We currently DO NOT accept Medi-Cal, Kaiser and TriCare. For individuals without insurance, we can offer cash or credit card payments.

### WE ACCEPT MOST PRIVATE INSURANCES



### WE ARE NOW IN NETWORK WITH



### California Recovery Center Offers Free, Confidential Initial Consultation

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Scan the QR code or visit [calrecoverycenter.com](http://calrecoverycenter.com). Connect with us through our social media accounts.



California  
Recovery  
Center  
[www.calrecoverycenter.com](http://www.calrecoverycenter.com)

# RECOVERY RETHOUGHT

substance use disorder treatment



LET US HELP YOU TODAY

☎ 1-866-219-5502

## Who We Are

CALIFORNIA RECOVERY CENTER is a licensed alcohol and drug treatment provider. Our boutique treatment facility is conveniently located just outside metro Sacramento. We believe that since substance use disorder (SUD) is multifaceted, our treatment approach should be holistic as well. We are innovating the way we overcome SUD and other underlying mental issues through the #CRCLifestyle that incorporates all these elements together for a successful treatment:

- Evidence-Based Treatment
- Dual-Diagnosis Programming
- Modern & Boutique Facilities
- A Personal Community of Sobriety
- Expert Staff Who Truly Cares
- Judgement-Free Treatment
- Nutrition-Centered Recovery



## How We Can Help

### TREATMENT PROGRAMS

At California Recovery Center, we recognize every client's journey is unique. We come up with individualized care plans that suit the unique needs and issues of every client. Whatever stage of substance use disorder you are currently in, we will help you get back on track with our available treatment programs:

#### ● Detox Treatment

Detoxification cleanses the body from toxins brought by long periods of alcohol or substance use. We provide 24/7 support and close monitoring for 5-10 days depending on what our clients are detoxing off of.

#### ● Residential Treatment

Once clients have detoxified from substances, our residential treatment program provides continued 24/7 care where clients are offered individual, group, family and trauma therapy. Clients will work closely with highly qualified SUD treatment professionals for a period of about 3 weeks or more until fully recovered.

## What We Help You Overcome

### ISSUES TREATED

- Substance Use Disorder
- Behavioral Issues
- Boundary Issues
- Conflict Management
- Dual Diagnosis
- Family Issues
- Self-esteem
- Spirituality/Existential Issues
- Trauma and PTSD
- Anxiety
- Codependency
- Self-care
- Coping Skills
- Grief and Loss
- Relationship Issues
- Sex Addiction

## What We Utilize

### TYPES OF THERAPY

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- Emotion-Focused Therapy (EFT)
- Art Therapy
- Strength-Based Therapy
- Psychoeducation
- Solution-Focused Therapy
- Trauma Therapy
- Eye Movement Desensitization and Reprocessing (EMDR)
- Attachment-Based Therapy
- Mindfulness-Based Cognitive Therapy
- Schema Therapy
- Psychodynamic Therapy
- Family Systems Therapy
- Medication Education
- Medication Management
- Yoga
- Meditation
- Brainspotting