



Thank you for choosing California Recovery Center as your service provider. We strive to provide a safe and supportive environment for all of our clients. To ensure the safety of our Residents and provide an environment with a focus on recovery and support we have identified the following items as NON-Allowable Items.

### Please do not bring the following items:

- ❧ No cameras or any type of recording devices.
- ❧ No aerosol cans, perfumes, colognes, body sprays or hair spray.
- ❧ No personal bedding such as pillows, blankets or stuffed animals.
- ❧ No personal towels or washcloths.
- ❧ No books or reading materials with sexual, homicidal or suicidal content. True crime or books promoting violence. All reading materials brought in must be approved by a counselor. Items not approved will be sent home with family or stored during your stay at CRC.
- ❧ No revealing, racist, or gang related clothing allowed. Clothing promoting drug or alcohol use not allowed. No spaghetti straps, tank tops, or mini dresses.
- ❧ No mouth wash that contains Alcohol.
- ❧ No alcohol in personal hygiene items. Please check labels.
- ❧ No knives or sharp objects. All sharps brought in will be locked in a safe until discharge.



**Food:** Meals and snacks will be provided to all Residents of CRC. Clients with dietary restrictions or needs may request specific food items to be purchased, once approved by clinical and medical staff. Outside food is not allowed unless prior approval has been given. No products containing alcohol are allowed.



**Clothing:** Please bring one week of comfortable clothing. Laundry soap and dryer sheets are provided. Clothing must NOT be revealing, racist or promote drugs and alcohol.



**Medication:** If you are currently taking prescribed medications; please bring all your medications with you in the original prescribed container. PLEASE do not combine medication bottles to raise the quantity in the bottle. All Over the Counter meds (Vitamins, eye drops etc.) must be in a new, sealed bottles.



**Toiletries:** Please bring your personal hygiene items such as: toothpaste, soap, deodorant, shampoo and hair conditioner, razors or electric shavers for your day-to-day grooming needs. Personal items containing alcohol will not be allowed.

Please note that products containing cetyl, benzyl, and/or steary alcohol are safe for clients to have. These are alcohols that do not have an impact on our safety and sobriety. These alcohols are found in most cosmetic/hygiene products.

